





April

HBF

Call your local Senior Center to confirm the menu of the day.

Monday	Tuesday	Wednesday	Thursday	Friday
	*** menu subject to change ***	Easter Dinner 1 3 oz Glazed Ham 1/2c Roasted Sweet Potato Bites 1/2c Capri Blend Veg Dinner Roll Carrot Cake	2 Fish Sandwich w/ tartar sauce 1/2c coleslaw 1/2c Lemon Pepper Broccoli Hamburger bun 1/2c Blushed Fruit	Good Friday 3 Closed
6 3 oz Pepper Steak w/ 1 oz tomato sauce, 1 oz peppers, 1 oz onion 1 Baked Potato 1/2c Carrots 1 wheat bread 1/2c Gelatin	7 3 oz chicken cutlet 2 oz country white gravy 1/2c mashed potatoes 1/2c brussel sprouts 1 wheat bread fresh fruit	8 3 oz chipped BBQ ham sandwich 1 slice provolone cheese 1/2c green beans 1/2c coleslaw hamburger bun 1/2 applesauce 	9 Florentine Omelet w/ creamed spinach and cheese 1/2c breakfast potatoes biscuit with jelly 1/2c spiced fruit 	10 Call your local Senior Center for meal Information
13 3 oz opened faced turkey sandwich w/ 2oz gravy 1/2c whipped potatoes w/ chives 1/2c sweet corn 1 white bread 1 cookie	14 Meatball Hoagie w/ mozzarella cheese 1c Pasta Fagioli Soup 1c side salad w/ dressing hot dog bun fresh fruit	15 3 oz chicken breast 1/2c cheesy broccoli & rice 1/2c carrots 1 breadstick 1/2c fruited gelatin 	16 cheeseburger 1/2c hashbrown cubes 1c tossed salad w/tomato hamburger bun 1/2c mandarin oranges	17 Call your local Senior Center for meal Information
20 Stadium Hot Dog 1/2c cheesy potatoes 1/2c peas hot dog bun 1/2c pineapple & mandarin oranges	21 Turkey Chef Salad (2oz turkey, HB egg, cheddar, over 1c mixed greens w/ tomato) 1c vegetable soup 1 wheat bread fresh fruit	22 3 oz salisbury steak w/ 2 oz gravy 1 baked potato 1/2c mixed vegetable 1 wheat bread 1 cookie	23 1/2c chicken salad sandwich 1/2c tomato cucumber salad 1/2c macaroni salad hamburger bun fresh fruit 	24 Call your local Senior Center for meal Information
27 Baked Fish 1/2c macaroni & cheese 1/2c stewed tomatoes 1 wheat bread fresh fruit	28 Taco Salad (3oz taco meat, .5 oz cheddar, lettuce, tomato, salsa) Tortilla chip 1/2c corn 1/2c pineapple	29 Pasta & Meatballs (4) 1/2c pasta w/ marinara 1c tossed salad w/tomato 1 Italian bread 1/2c mixed fruit	30 Chicken philly sandwich 1c Cream of Potato soup 1/2c coleslaw Hot dog bun 1 Cookie	