

February

HBF

Call your local Senior Center to Confirm the menu for the day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll Fresh Fruit</p> 	<p>2 3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit</p>	<p>3 Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1/2c Spiced Fruit Whole Wheat Bread</p> <p>NEW ITEM</p>	<p>4 Cheeseburger 1/2c Tator Tots 1/2c pineapple 1c Tossed Salad w/ Tomato Hamburger Bun</p>	<p>5 Call your local Senior Center for Meal Information</p>
<p>3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie</p>	<p>9 Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Gelatin</p>	<p>10 3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun Fresh Fruit</p>	<p>11 4oz Shrimp Scampi 1/2c Creamy Pasta 1/2c Lemon Pepper Broccoli Breadstick Pineapple & Mandarin</p> 	<p>12 Call your local Senior Center for Meal Information</p>
<p>Presidents Day! Center Closed</p> 	<p>16 Meatball Sub (3 Meatballs) w/ 1oz Mozzarella Cheese 1c Loaded Potato Soup 1/2c Side Salad w/ Dressing Hot Dog Bun Fresh Fruit</p>	<p>17 Ash Wednesday Potato Fish 1/2c Mac N Cheese 1/2c Stewed Tomatoes Fresh Fruit Dinner Roll</p>	<p>18 4oz Sweet & Sour Pork 1/2c White Rice 1/2c Broccoli and Cauliflower Wheat Bread Fresh Fruit</p>	<p>19 Call your local Senior Center for Meal Information</p>
<p>3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp</p>	<p>23 Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese) 1c Lettuce, 2oz Tomato 1c Broccoli Soup Breadstick 1/2c Fruited Gelatin</p>	<p>24 3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn White Bread Fresh Fruit</p>	<p>25 French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans 1/2c Mandarin Oranges Hoagie Bun</p> <p>NEW ITEM</p>	<p>26 Call your local Senior Center for Meal Information</p>
			<p><i>*menu subject to change based on availability</i></p>	