

March

HBF

Call your local senior center to confirm the menu for the day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Swedish Meatballs (4) 1/2c Buttered Pasta 1/2c Green Peas 1 Breadstick 1/2c Fruited Gelatin</p>	<p>3</p> <p>Turkey w/ Provolone (2oz Turkey, 1slice Provolone) Lettuce & Tomato 1c Corn Chowder Fresh Fruit Hamburger Bun</p> <p>NEW ITEM</p>	<p>4</p> <p>1c Winter Beef Stew 1/2c mashed potatoes 1/2c Green Beans Wheat Bread 1 orange</p>	<p>5</p> <p>3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Carrots Whole Wheat Bread Fresh Fruit</p>	<p>6</p> <p>Call your local Senior Center for meal information!</p>
<p>9</p> <p>Chicken Paprikash w/ Creamy Tomato Sauce 1/2c White Rice 1/2c Roasted Brussel Sprouts Whole Wheat Bread Fresh Fruit</p> <p>NEW ITEM</p>	<p>10</p> <p>Chicken Taco Salad 3oz Chicken, .5 oz Cheddar Cheese Salad Mix, Salsa, Ranch 1/2c corn 1/2c Yellow Rice 1/2c Pineapple</p>	<p>11</p> <p>Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Orange Juice</p>	<p>12</p> <p>Smokey BBQ Bacon Burger Cheddar Cheese, BBQ, Bacon 1c Cauliflower Soup w/ Crackers Sandwich Roll Fresh Fruit</p> <p>NEW ITEM</p>	<p>13</p> <p>Call your local Senior Center for meal information</p>
<p>16</p> <p>4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie</p>	<p>Happy St. Patrick's Day! 17</p> <p>3oz Corned Beef 1/2c Cabbage 1/2c Parsley Potatoes 1 Rye Bread 1/2c Lime Pudding</p>	<p>18</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick Fresh Orange</p>	<p>19</p> <p>Cajun Chicken Alfredo 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple</p> <p>NEW ITEM</p>	<p>20</p> <p>Call your local Senior Center for meal information</p>
<p>23</p> <p>3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll Gelatin</p>	<p>24</p> <p>3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit</p>	<p>25</p> <p>Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans Whole Wheat Bread Fresh fruit</p> <p>NEW ITEM</p>	<p>26</p> <p>Cheeseburger 1c Cream of Potato Soup 1/2c Mixed Vegetables 1/2c pineapple Hamburger Bun</p>	<p>27</p> <p>Call your local Senior Center for meal information</p>
<p>30</p> <p>3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie</p>	<p>31</p> <p>Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Gelatin</p>			